Pillar #8: Neutralize Negative Mindsets

The eighth pillar of the R.E.S.I.L.I.E.N.C.E. Model is Neutralizing Negative Mindsets. A negative mindset is one that brushes off or ignores the dangers that are present to the community. Someone with a negative mindset also may be very lax about the seriousness of preparing for the possibility of a risk happening. Negative mindsets tend to ignore security concerns and underestimate the importance of factoring in security in the everyday aspect. Someone with a negative mindset will think that a unfortunate incident would never happen to their community or would think that they can definitely prevent an incident from happening. They won't be prepared and destined to fail.



Now the tally for the eighth pillar in the model is at a low 96, in fact it's the lowest of all the ten pillars. Now that doesn't mean it isn't important it's just overlooked compared to the other pillars.

Neutralizing negative mindsets can be done by:

- Never Accepting the Mindset that an Incident is Inevitable
- Never Accepting the Mindset that an Incident is Completely Avertible
- Never Accepting the Mindset that "It Won't Happen To Us"
- Awareness & Preparedness

One way of thinking about the eighth pillar can be in terms of risk management and calculating the chances of what can happen to your community. Don't be scared by the fact that there is an actual chance that an incident is possible. Now that you are aware that it's possible you can start setting up safe guards and procedures that can be followed to minimize the risk and prevent the most casualty if an incident were to occur. Become prepared instead of being scared.

The eight pillar is important and helps bring the other pillars together in a sense. Once you are aware of the dangers that exist and start preparing yourself you can use the other pillars as guides to help prepare yourself. If you have the awareness a lack of drills being done, you can do something about that and take more steps forward into building on to the steps you've already

taken to keep your community secure. Once you have awareness and preparation you can use the knowledge of all the other pillars to their maximum potential.

The issues when it comes to this pillar is having other be prepared and negating their negative mindsets. Also having them learn these things without being scared or panicked in any way. When people learn about the dangers, they need to be told in a way that won't induce panic or fear and just promote security and awareness. Once people have the knowledge of the threat, the

"WHEN YOU'RE TALKING ABOUT OTHER CONTEXTS LIKE SCHOOL SHOOTINGS, YOUR DON'T WANT TO TERRIFY THE KIDS AND MAKE THEM AFRAID TO GO TO SCHOOL. I THINK IF YOU DO IT RIGHT, THE KNOWLEDGE OF WHAT TO DO WILL BASICALLY AMELIORATE THE FEAR THAT MIGHT EXIST BECAUSE OF THE NATURE OF THE THREAT" – JOHN FARMER awareness to handle the situation which can be improved by knowing what the security measure in place are currently at your House of Worship or community, knowing the nearest exits when your in there and knowing the location of multiple exits. Then they can properly prepare themselves to deal with whatever threats may come and handle them accordingly with the least number of casualties or no casualties at all. Besides negative

thinking doesn't help you solve the problem or understand the situation better. Negative thinking adds nothing but stress or sadness so instead of thinking negatively, think productively.



What can you do:

Basic Training

- Communicate with local law enforcement and other house of worship

- Have someone in charge of security or start seriously thinking about the security of your house of worship

- Don't think "if" more "when" so you can think in a more preventative or preparedness manner.

Talk about it, acknowledge the possibilities